

Date: Aircraft Type: Make: Registration:

DEPARTURE From: R/way: Circuit/Turn: Right/Left Wind: °/ kt

QNH: mb QFE: mb Total Fuel: Fuel Req'd: Taxi Instructions

Engn. Start: : UTC/LOCAL Take Off: : UTC/LOCAL Meter Start:

DESTINATION To: R/way: Circuit/Turn: Right/Left Wind: °/ kt

QNH: mb QFE: mb Total Fuel: Fuel Req'd:

ETA: : UTC/LOCAL Land: : UTC/LOCAL Engn. Stop: : UTC/LOCAL Meter Stop:

From/To	MSA	P/Alt	TAS	Trk(T)	Wind	Hdg(T)	Hdg(M)	G/S	Dist	Time	ETA
					○						ESTIMATE
					kt						ACTUAL
					○						ESTIMATE
					kt						ACTUAL
					○						ESTIMATE
					kt						ACTUAL
					○						ESTIMATE
					kt						ACTUAL
					○						ESTIMATE
					kt						ACTUAL
					○						ESTIMATE
					kt						ACTUAL
					○						ESTIMATE
					kt						ACTUAL
					○						ESTIMATE
					kt						ACTUAL
					○						ESTIMATE
					kt						ACTUAL

Communication	
Station	Frequency

Nav aids			
Station	Type	Frequency	Ident

Quadrant Rule (1013.2mb)

359 000

269 270

060 680

180 179

© 2004 What Ltd All rights reserved.

Morse Code					
A	.-	J	..-.	S	...-
B	-...-	K	.-.-	T	-.-
C	-.-.-	L	.-..	U	..-.
D	..-.	M	--	V	...-
E	...	N	-.-	W	..-.
F	..-.-	O	---	X	-.-.-
G	.-.-.	P	.-.-	Y	-.-.-
H	Q	..--	Z	..--.
I	..	R	.-.		

- LANDING CHECKS**
- B BRAKES - Brakes Off
 - U UNDERCARRIAGE - Down, Fixed
 - M MIXTURE - Rich
 - F FUEL - Correct Tank, Pump On
 - F FLAPS - As Required
 - I INSTRUMENTS - T's & P's, Altimeter Set
 - C CARB HEAT - As Required
 - H HATCHES - Secure
 - H HARNESES - Secure

- PRE-STALL/AEROBATIC CHECKS**
- H HEIGHT - Recovery by 3000agl
 - A AIRFRAME - Flaps, Brakes Off
 - S SECURITY - Hatches, Harness, Instruts.
 - E ENGINE - Mix Rich, Card Heat, T's & P's
 - L LOCATION - Airspace, Areas, Cloud
 - L LOOKOUT - Around & Below

Instructions/Clearance

- IN FLIGHT/RE-JOIN CHECKS**
- F FUEL - Sufficient, Change Tanks, Pump
 - R RADIO - Freq. Set, Volume
 - E ENGINE - T's & P's, Carb Heat, Ammeter
 - D DIRECTION - DI Syncro.
 - A ALTITUDE - QNH/QFE as required